

PARENT & FAMILY WRAP AROUND SERVICES

Richard L. Stephens II, MBA
District Family Engagement Liaison

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Our parent and family wrap-around services focus on supporting the mental, social, and emotional health & wellness of the entire family by strengthening parents' capacity to overcome socioeconomic bearers and in-home challenges that negatively affect their children's academic achievement.

We offer parents and guardians a direct line to resources, supports, and services to address their needs. In addition, we offer several interactive workshops, seminars, and townhall meetings to assist parents in building their capacity to better support their children.

The theory behind wrap around services is rooted in three (3) major principles:

1-Students whose health & wellness needs are attended to will be healthier, more focused, and better able to learn.

2-Families engaged with schools and supportive services will have increased capacity to support child learning.

3-Schools, having additional systems for confronting social challenges that impede learning, will allow teachers and administrators to focus on instruction.



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WRAP AROUND SERVICES WORKSHOPS FOR PARENTS

Through our department's Parent & Family Wrap Around Services, several workshops are offered throughout the school year to enhance our parents' knowledge of wrap around support in a specific area of need. Workshops are offered to parents as online webinars throughout the school year. Please select the workshop you wish to attend from the drop-down menu. The workshops will publish as individual classes in Microsoft Teams, each with a live video meeting, supplemental materials, and evaluation forms. Each parent who completes at least one workshop a month for 10 consecutive months (August 2020 – May 2021) will receive special acknowledgment during an end-of-year celebration in May 2021.

WORKSHOP AVAILABILITY

SESSION	DESCRIPTION	DATE/TIME	LOCATION
What to do If You Need Assistance with Housing, Food, or Healthcare?	The C.A.R.E. Initiative. School Level Support (School Social Workers). United Way 211. Urgent Relief Agencies & Coordinated Entry.	9/2/2020 10AM	Virtual Click Here To Register
		9/2/2020 6PM	
		11/4/2020 10AM	
		11/4/2020 6PM	
		1/13/2021 10AM	
		1/13/2021 6PM	
		1/20/2021 10AM	
		1/20/2021 6PM	
Navigating the Internet: a Presentation for Parents	Children & The Internet. Screen Addiction. Cyberbullying. Internet Safety. Fun & Educational Apps.	9/24/2020 10AM	Virtual Click Here To Register
		9/24/2020 6PM	
		3/24/2021 10AM	
		3/24/2021 6PM	
Reclaiming My Time	Stress & Time Management. Social & Emotional Wellness. True Color Personality Test. Mindfulness & Self Care.	9/30/2020 10AM	Virtual Click Here To Register
		9/30/2020 6PM	
		3/10/2021 10AM	
		3/10/2021 6PM	
Understanding the Effects of Family Violence on Students' Academic and Behavioral Performance	What is Family Violence? The effects of Family Violence on Children What to do if you find yourself in a Family Violence situation? Support Agencies.	10/14/2020 10AM	Virtual Click Here To Register
		10/14/2020 6PM	

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SESSION	DESCRIPTION	DATE/TIME	LOCATION
Don't Fold When ACEs are High: Understanding the effects of adverse childhood experiences on parenting	What are ACEs and understanding your ACE score. How do ACEs affect your parenting style? Resilience. Breaking the cycle.	10/28/2020 10AM 10/28/2020 6PM	Virtual Click Here To Register
Money, Money, Money	Understanding money basics. Budgeting. Understanding credit. Good debt vs bad debt.	11/18/2020 10AM 11/18/2020 6PM 5/5/2021 10AM 5/5/2021 6PM	Virtual Click Here To Register
Money Can Grow, but Not on Trees	Saving . Investing. Growing through income. Life insurance.	12/16/2020 10AM 12/16/2020 6PM 5/19/2020 10AM 5/19/2020 6PM	Virtual Click Here To Register
Diversity & Cultural Competency: a Presentation for Parents	Why is it important to instill cultural competency in children? Understanding the 6 stages of Cultural Competence, and which stage are you in Talking with your children about Diversity 5 Components of Cultural Competency	2/10/2021 10AM 2/10/2021 6PM	Virtual Click Here To Register
Equity in Education: Civic & Community Engagement for Parents	Getting to know your leaders in local government Who to contact and When to contact them? What are Community Centers? Starting a Community Group	2/24/2021 10AM 2/24/2021 6PM	Virtual Click Here To Register

**Parents who register for a workshop, will have access to view the recorded workshop anytime throughout the school year.*

CARE: CHRONIC HOMELESSNESS, ACCESS TO HEALTH, REHABILITATION, ECONOMIC LITERACY

This initiative is an interdepartmental and interagency collaborative effort to reduce and eliminate the complex trauma students may bring with them to school each day. This trauma, which may result from chronic homelessness, inaccessible health services, a culture of violence or drugs outside of school, and/or familial economic and financial instability, often manifests as aggressive or anti-social behavior in children at school. Evidenced-based programs and events (i.e. Words Not Hands) developed under this initiative directly connects DCSD parents to resources and providers who can address these needs before they lead to adverse childhood experiences that negatively affect student academic achievement. The C.A.R.E. initiative primarily functions as a Hub and living database, that connects parents to resources, supports, and services, while monitoring their progress throughout the delivery and implementation phases.

Initiative Collaborators: DCSD Student Support & Intervention, DCSD Title IV Prevention, Wellroot Wellness Services, WellRefugee Center, CHRIS 180, Legal Aid, Women's Resource Center to End Domestic Violence, United Way of Greater Atlanta, Kaiser Permanente, DeKalb Community Service Board and DeKalb County Department of Family and Children Services.

To receive assistance through the C.A.R.E. initiative please complete the C.A.R.E. initiative entry form.

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REGROUP

It's Time to Regroup! Regroup is an interdepartmental and interagency Mental, Social, and Emotional Wellness Initiative for DCSD parents who are experiencing life events and situations that may affect the mental, social, or emotional health of their children and families. These life changes and situations may include grief, divorce, professional transitions, trauma, or other anxieties and difficulties. This district-wide initiative will be implemented (August 2020 - May 2021) through 1) monthly peer-led Family Support Groups that are facilitated by professional counselors and liaisons via the Regroup class in



Microsoft Teams, 2) live and prerecorded mental, social, and emotional wellness workshops available via the Regroup class in Microsoft Teams, and 3) live large scale forums and townhall meetings offered once or

Meeting Availability:

Date	Time
August 4, 2020	6:30 PM
August 11, 2020	6:30 PM
September 8, 2020	10:00 AM
September 8, 2020	6:00 PM
October 13, 2020	10:00 AM
October 13, 2020	6:00 PM
November 10, 2020	10:00 AM
November 10, 2020	6:00 PM
December 8, 2020	10:00 AM
December 8, 2020	6:00 PM

Date	Time
January 12, 2021	10:00 AM
January 12, 2021	6:00 PM
February 9, 2021	10:00 AM
February 9, 2021	6:00 PM
March 9, 2021	10:00 AM
March 9, 2021	6:00 PM
April 13, 2021	10:00 AM
April 13, 2021	6:00 PM
May 11, 2021	10:00 AM
May 11, 2021	6:00 PM

Initiative Collaborators: DCSD Student Support & Intervention, DCSD Title IV Prevention, NAMI DeKalb, CHRIS 180, Kids Doc On Wheels, Pathways, Summit, DeKalb Community Service Board, Kaiser Permanente.

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FAMILIES AGAINST BULLYING



This collaborative initiative is led by our department and the Department of Student Relations is designed to address and counter bullying and youth violence among our students through direct parent engagement and intervention. The four (4) main goals are: 1) Provide parents with opportunities to learn and adapt holistic approaches that increase their children’s confidence and capability; 2) Equip parents with skills, approaches and knowledge that enable them to help their children effectively navigate life choices; 3) Coordinate a supportive cultural network of parents that promotes bullying awareness and community responsibility; and 4) Create collaborations with local agencies that develop and implement youth & family-centered policies and practices.

Through this initiative we will offer parents and guardians a series of workshops presented by Dr. Quentin Fretwell, Administrator in the Department of Student Relations. Dr. Fretwell brings expertise in anti-bullying initiatives through his work as school administrator, retired Director of Student Relations, and a state and regional presenter on school discipline, safety/security, attendance and bullying. The workshops will be accessible through The FAB Life class in Microsoft Teams, with a live video meeting for each workshop, supplemental materials, and evaluation forms. Each parent who completes all nine workshops will receive special acknowledgment during an end-of-year celebration in May 2021.

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SESSION	DESCRIPTION	DATE/TIME	LOCATION
Bullying 101	This session introduces the topic of student bullying. Three forms of bullying will be identified, defined, and described. In addition, parents will be provided information on the types of bullying behaviors and how to address concerns with the school.	9/15/2020 10AM 9/15/2020 6PM	Virtual Click Here To Register
Harassment/ Discrimination	In the past few months, issues of race, ethnicity and bias have been in the spotlight. Research is clear that these types of societal concerns can find their way into the schoolhouse. This session discusses the student behaviors associated with harassment/discrimination and what parents can do.	9/15/2020 10AM 9/15/2020 6PM	Virtual Click Here To Register
Cyberbullying	Bullying fellow students via text, social media, and other electronic means was reported to have increased while the nation's schoolhouses were closed due to COVID-19. However, this form of bullying has been an issue from some time and can cause significant hurt/harm. This session will define cyberbullying, describe the behaviors and discuss how parents can help.	11/17/2020 10AM 11/17/2020 6PM	Virtual Click Here To Register
Hazing	Many persons think that hazing is just a college thing. However, hazing happens in middle/high schools throughout this nation. Parents are encouraged to join us for this interesting session, particularly if you have children involved in extracurricular activities (even clubs).	12/15/2020 10AM 12/15/2020 6PM	Virtual Click Here To Register
How to Work with the School	This session on student bullying shares what parents can do if their child has been bullied. However, it is also even more important for parents to know how to partner with their child's school to prevent and reduce bullying incidents.	1/19/2020 10AM 1/19/2020 6PM	Virtual Click Here To Register
Signs Your Child is Being Bullied/the Bully	A parent may not be initially aware that his/her child is a target of or a bully. The research has identified signs, behaviors, and short/long-term effects of bullying, both with the target and the offender. This session will look at those behaviors and what parents can do to help their child.	2/16/2021 10AM 2/16/2021 6PM	Virtual Click Here To Register

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Parents' Role in Bullying	Parents play a significant role in this school partnership to address student bullying. This session will discuss this important role of the parent and how it impacts and helps not only their child, but the school as a whole.	3/16/2021 3/16/2021	10AM 6PM	Virtual Click Here To Register
It Should Not Be in the Family	These sessions have been focused on bullying in the schoolhouse. However, we cannot discuss helping the school without also including the home. The home and school are tightly connected. Here, we will discuss this connection that will help both to promote their child's academic success and social/emotional well-being.	4/20/2021 4/20/2021	10AM 6PM	Virtual Click Here To Register
Summer Break Bullying	This closing session will provide parents with a recap of the series, and vital information each parent needs to know about bullying during the summer break. During this session, special recognition will be given to parents who were key participants throughout the series. We will end the series with a virtual raffle for end of series prize.	5/18/2021 5/18/2021	10AM 6PM	Virtual Click Here To Register



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DCSD PREPARING FAMILIES FOR SCHOOL

This is a collaborative effort between our Parent & Family Wrap-Around Services and the DeKalb County Office of Youth Services to support expecting parents, parents of newborns, and parents of infants and toddlers through a holistic approach that will prepare them and their children for a positive transition into the DeKalb County School District. This initiative will bring parenting tools and best practices from the Growing Healthy Babies and Baby Box family programs under the DeKalb County Office of Youth Services.

GROWING HEALTHY BABIES

SESSION	DATE/TIME	LOCATION
Self-Care During Pregnancy: practical tips to caring for yourself while pregnant	9/16/2020 10AM	Virtual Click Here To Register
Deciding on a birth plan	10/21/2020 10AM	Virtual Click Here To Register
Stress Management Techniques for Moms	11/18/2020 10AM	Virtual Click Here To Register
Breastfeeding 101	12/16/2020 10AM	Virtual Click Here To Register
Creating a Nighttime Routine for Baby	1/20/2021 10AM	Virtual Click Here To Register
Self-Care for New Moms	2/17/2021 10AM	Virtual Click Here To Register
Common Questions for New Moms + Some Answers	3/17/2021 10AM	Virtual Click Here To Register
How to Find a Quality Daycare	4/21/2021 10AM	Virtual Click Here To Register
What Parents Should Know for the Summer	5/19/2021 10AM	Virtual Click Here To Register

BABY BOX

SESSION	DESCRIPTION	DATE/TIME	LOCATION
Baby Box Workshop	Education on the ABCs of Safe Sleep: conducted by a Certified Sleep Educator RN through partnership with Children's Health Care of Atlanta utilizing instruction materials from the CDC and the Pediatric Academic Association to help prevent deaths related to SIDS and SUIDS.	9/16/2020 6PM 10/21/2020 6PM 11/18/2020 6PM 12/16/2020 6PM 1/20/2021 6PM 2/17/2021 6PM 3/17/2021 6PM 4/21/2021 6PM	Virtual Click Here To Register
What Parents Should Know for the Summer	<ul style="list-style-type: none"> •Summary/Closing of the Series •Recognition of Parents who were key participants throughout the series •Virtual Raffle for Prize 	5/19/2021 6PM	Virtual Click Here To Register